

International day of Happiness

What can be a better time to celebrate International Day of Happiness, A day dedicated to happiness is celebrated every year on March 20. To recognise the importance of happiness our lives Institute of Vocational Studies organised an activity on 19th March, 2021 with great fervour and enthusiasm.

Students of B. ED and D. El. Ed participated in the celebration under the guidance of our respected Principal Dr. Mandira Gupta. Activity was Organized by Ms. Sangeeta kaushik, Ms. Nahid Raees on Digital platform of MS teams on Friday, 19 March, 2021, 2:20pm Onwards.

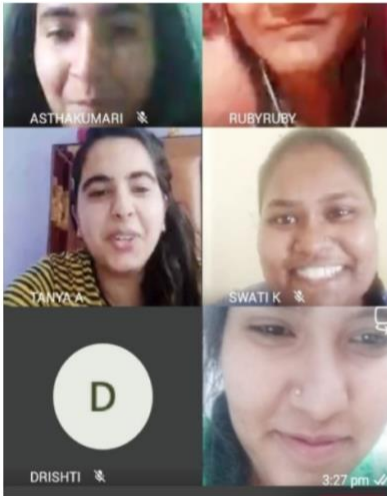
Below is the glimpse of the function the form of collage:

B. Ed and D. El. Ed Students



HAPPINESS
can be found
EVEN IN THE
'darkest'
— IF ONLY —
one remembers to

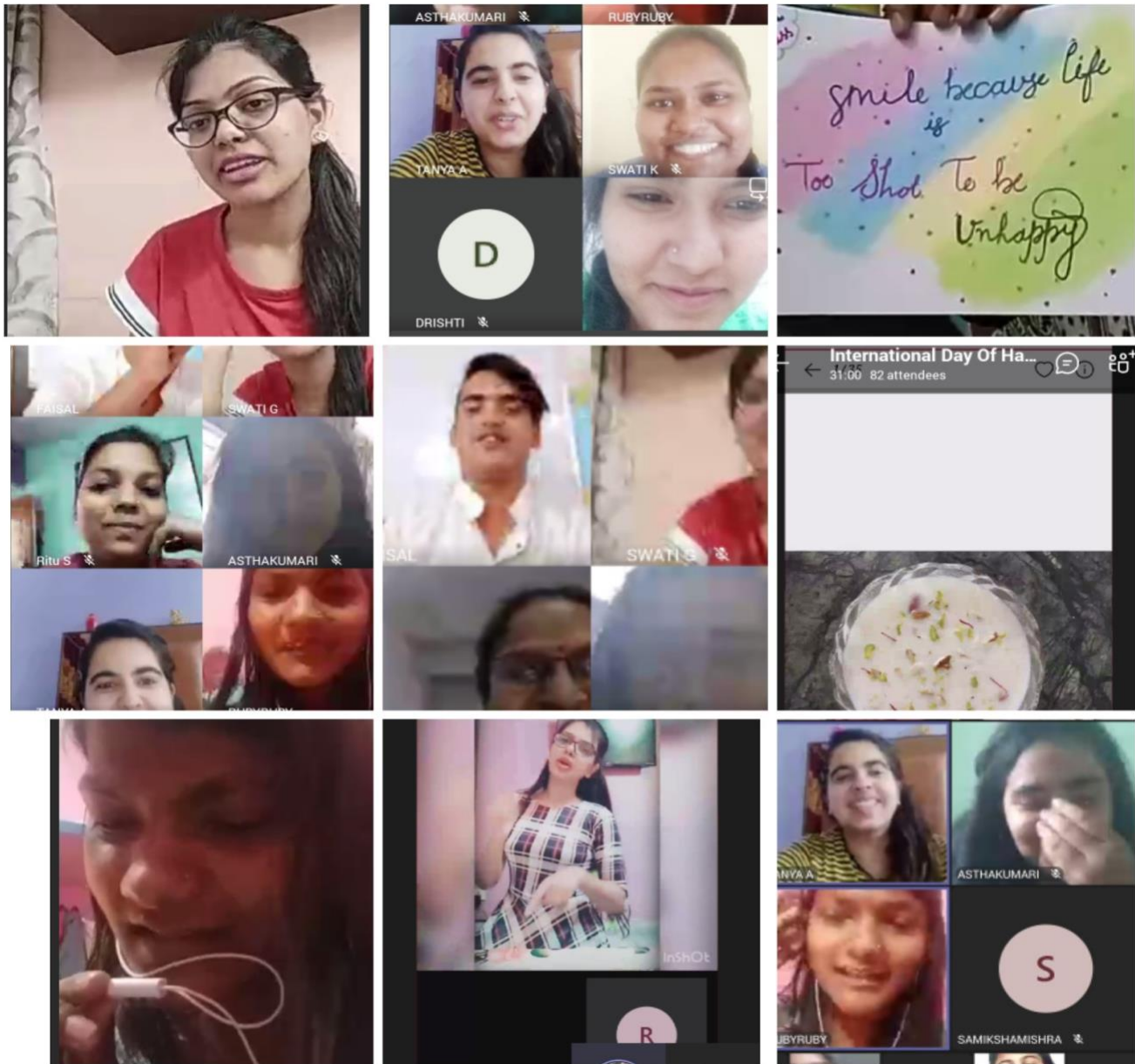
जिंदगी की खुश
रहकर जियो
क्योंकि रोज शाम सिर्फ
धरज ही नहीं टलता....
आपकी अनमोल जिंदगी
भी टलती है!



HAPPIEST PEOPLE
Don't Have The Best
of everything
.....
They Just
MAKE THE BEST
of everything

smile because life
is
Too Short To be
Unhappy

Whatever you
decide to do
make sure if
make you
happy



The celebration commenced by introduction for this day. As the meaning of happiness is different for different people, every child shares their experience by writing lines, speaking lines, through Art etc. As the activity was on team's platform students show their dance videos, gardening skills, cooking skills, art skills by sharing their screen.

Therefore, the International Day of Happiness is a day to value yours and other happiness and make people happy. Realise the importance of happiness in life and work for it. The day was celebrated in our Institute with great éclat.